

## **The Breast Cancer Support Group of Johor Bahru**

*by Caroline Davis*

***A few members of the IWA had the pleasure of visiting and touring the Breast Cancer Support Group of Johor Bahru. What an inspiring place this is! The present location is a new address for BCSG, and it boasts a beautifully remodeled property near the town center. It was so fresh and bright inside; really well done and inviting.***



***BCSG is staffed by volunteers, all survivors, who help encourage and support other women stricken with breast cancer. They provide a loving atmosphere, offering many different activities to members such as exercise classes, crafting, sewing, cooking, English language, karaoke, etc., or just a place to talk with someone who understands.***



***There is a beautiful garden in the back, small but pretty; peaceful. They have also planted quite a sizeable vegetable patch along the sides of the building. A volunteer takes care of the garden, which was flourishing - really impressive!***

***The BCSG provides proper, well fitting undergarments for women who have had to undergo mastectomies. This is a sensitive issue for the victims of breast cancer as many women unconsciously (or consciously) slouch and stoop to hide that part of the body. The ladies are not only fitted with quality bras and inserts, but given emotional support from other survivors to help rebuild their confidence.***



***The Breast Cancer Support Group's mission is to provide information about breast health, and to promote the well-being of patients and survivors. They are committed to making a difference in the lives of breast cancer victims and their families.***